



BladderCancer.org.au

Bladder Cancer Care Plan

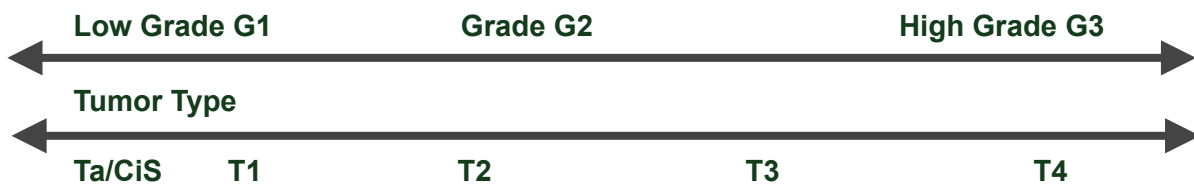
Patient diagnosis and treatment program

Name:	
Address:	
Phone & Email:	
Emergency Contact:	

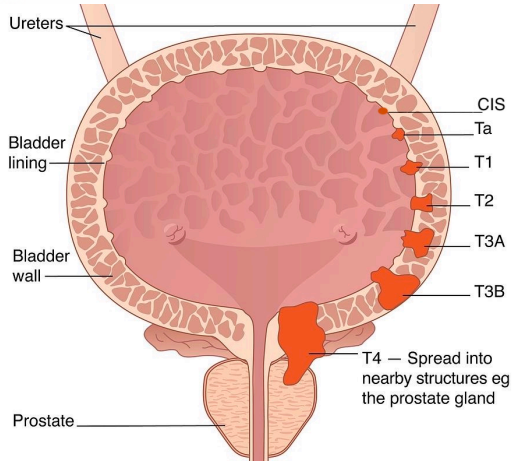
Bladder cancer tests, results, diagnosis and staging:

	Date	Doctor Notes
Biopsy Result- Type		<input type="checkbox"/> Urothelial cancer/Transitional Cell Carcinoma [TCC] <input type="checkbox"/> Other Type - Yes/ No..... <input type="checkbox"/> Carcinoma in situ (CIS) present- Yes/No <input type="checkbox"/> Low Grade (G1/G2) <input type="checkbox"/> High Grade (G3)
Cystoscopy		<input type="checkbox"/> Single tumour <input type="checkbox"/> Multiple Tumours
TURBT		<input type="checkbox"/> Tumours Removed Yes/No
Biopsy Result- Stage		<input type="checkbox"/> Ta/CiS T1 T2 T3 T4 (See diagram) <input type="checkbox"/> Awaiting re-biopsy Yes/No
Re-Biopsy - Stage		<input type="checkbox"/> Ta/CiS T1 T2 T3 T4 (see diagram) <input type="checkbox"/> Re-biopsy required Yes/No
Rest of urinary tract		<input type="checkbox"/> Kidneys Yes (left/right) / No <input type="checkbox"/> Ureter Yes (left/right) / No <input type="checkbox"/> Urethra Yes/No
Ultrasound		<input type="checkbox"/> Bladder tumour seen Yes/No <input type="checkbox"/> Kidneys normal Yes/No <input type="checkbox"/> Diverticulum
CT scan		<input type="checkbox"/> Organ confined Yes/No <input type="checkbox"/> Lymph nodes Yes/No <input type="checkbox"/> Distant disease Yes/No
PET scan (optional)		<input type="checkbox"/> Organ confined Yes/No <input type="checkbox"/> Lymph nodes Yes/No <input type="checkbox"/> Distant disease Yes/No
Bone scan		<input type="checkbox"/> Not required Bony disease Yes/No
Other scans		

What stage is your cancer?



* Lymph Nodes Involved Yes/No * Metastases Found Yes/No * Metastases Location



Your GP:	
Your Urologists / Oncologists:	

& CIS Where is your cancer and what does your cancer look like?

- Ta & CiS: Non invasive papillary carcinoma or Carcinoma in Situ
- Stage 1: The tumour has grown into the Bladder tissue
- Stage 2: The tumour has grown into the muscle layer of the bladder
- Stage 3: The tumour is locally advanced towards or into the fat
- Stage 4: The tumour has advanced beyond the bladder

Proposed appointments and treatment

Date	Doctor Notes
Multidisciplinary Meeting (MDM) Outcome (tick only or all options)	<input type="checkbox"/> Surveillance <input type="checkbox"/> Repeat Cystoscopy <input type="checkbox"/> Chemotherapy <input type="checkbox"/> Surgery – radical cystectomy <input type="checkbox"/> Radiation – radical radiotherapy
Repeat Cystoscopy (TURBT/ Biopsy)	Yes / No
Bladder installations (BCG/ other)	Yes / No / Discuss later
Chemotherapy	Yes / No / Possible before / after surgery
Surgery- radical cystectomy	Not required / An option
Radiation- radical radiotherapy	Not required / An option
Urology Nurse	Yes / No / Possible after surgery
Stomal Therapist	Yes /No
Continence Physiotherapist	Yes / No / Possible after surgery
Exercise Physiologist	Yes / No / Possible before / after surgery
Psychologist	Optional
Dietitian	Optional
GP discussion	

Notes & Questions: